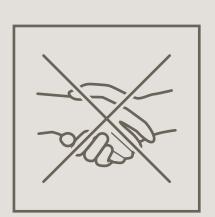
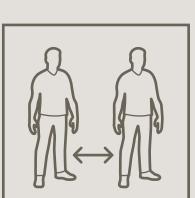
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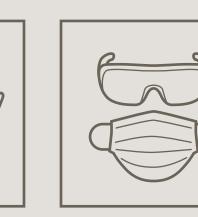
# Working in prosthetic and orthotic technical settings Protecting yourself and others

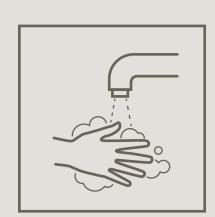


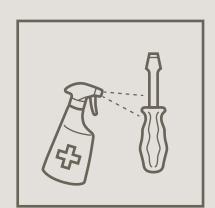




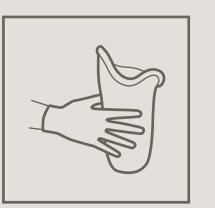












## Specific hygiene measures and techniques in a P&O workshop

#### **Pre- and post-processing of workspaces**

- Employ social distancing and use PPE within the workshop.
- Establish a workspace with easy-to-clean surfaces and tools.
- Wash hands before handling device and after device has left workshop.
- Prepare the workspace with the required materials and components for device.
- Sanitise work surfaces and all tools used. 5,6

#### **Processing of medical devices**

- Ensure the device is properly cleaned.
- Machine rooms and power tools should be cleaned as thoroughly as possible, make this a general routine!
- Try to only touch the device with hands.
- If possible, keep used tools away from others until work is completed.
- Sanitise hand tools before and after finishing device.<sup>5,6</sup>

Remove mask

Remove protective

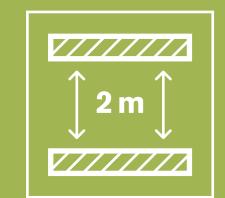
clothing along

with goggles

Sanitise hands<sup>3</sup>







### Tricks to ensure social distancing within a workshop

#### Separation

Set up workbenches with 1.5 m separation

#### **Protection**

Set up protective screen<sup>7</sup> between workbenches Material: Transparent plastic

#### Information

Use floor markings

## General recommendations and techniques in a P&O workshop

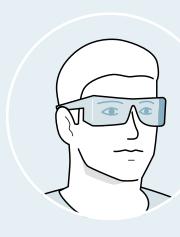
#### Personal protective equipment (PPE)



Gloves<sup>1</sup>



Filter masks<sup>2</sup>



Goggles

#### Hand hygiene disinfection (HHD)



Clean your hands regularly! Hand hygiene is an important tool to stop spreading germs.



#### Wash your hands with enough soap<sup>4</sup> and water.

Tip: Washing your hands properly takes 30 seconds. That's about as long as singing "Happy Birthday" twice.



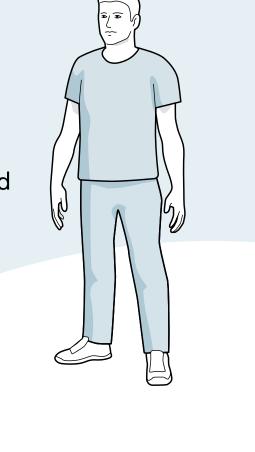
**Dry your hands thoroughly** with a single-use towel.

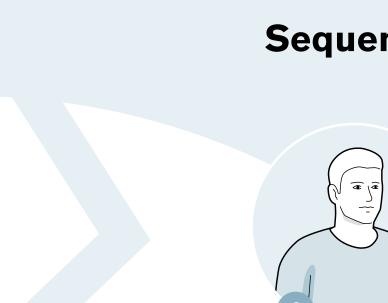


Use alcohol-based hand sanitiser<sup>3</sup> if you do not have immediate access to soap and water.

Tip: Apply a coin-sized amount on your hands.







#### **Sequence for putting on PPE**



First put on special work clothes and work shoes



Sanitise hands<sup>3</sup>



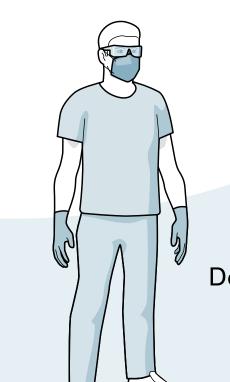
a protective mask<sup>2</sup>

Put on



Put on goggles and protective clothing

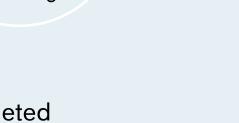






Put on disposable nitrile/latex gloves1





This graphic should be considered as a list of procedures to be added to local, national, and international directives and is not a substitute for established protocols.



You can find more Information about hygiene in the orthopaedic workshop and our offered solutions at:

<sup>1</sup> Chemical protection glove 641H17, latex-free examination gloves 641H9=2 <sup>2</sup> Particle filter masks 756Y22, surgical Mask 3PLY 756Y97

Remove disposable

nitrile/latex gloves

**Sequence for safe removal of PPE** 

- <sup>3</sup> Hand disinfectant 640Z19
- <sup>4</sup> Washing lotion 640F23

<sup>7</sup> Mobile protective screen 758Z148

<sup>5</sup> Disinfection spray 640Z43 <sup>6</sup> Disinfection wipes 640Z44